

Copper Mountain
Institute

OCTOBER
2019



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6 10:00am Green Tara Gana Puja ² Green Tara Day ³ Medicine Buddha Day ³	7	8 Lorem Ipsum Guru Rinpoche Day ³	9	10	11 Do not hang prayer flags	12
13 10:00am Amitabha Pure Land Practice ¹ Amitabha Day ³  Full Moon	14	15	16	17 Anniversary of Dilgo Khyentse Riinpoche (1910-1991)	18	19
20 10:00AM Retreat with Ralph Steele ¹ : Somatic Subtle Energy Meditation 10:00AM-12:00 Retreat Part 1 12:00-2:00 Lunch 2:00-4:00 Retreat Part 2 6:00PM Green Tara Gana Puja ²	21	22	23 Dakini Day ³ Do not hang prayer flags	24	25	26 10:00-11:00am Mindfulness Meditation Instruction ¹ with David Paul Boaz RSVP 898-9592
27 10:00am Riwo Sang Cho with Sojin ¹ At Copper Mountain Institute Dharmapala Day ³	28  New Moon	29	30 Anniversary of Rigzin Jigmey Lingpa (1729-1798)	31	Notes: 1) All are Welcome 2) Requires A Rinpoche empowerment 3) Include appropriate sadhana in your daily practice	