

LONG DHARANI OF TARA

OM NAMO ARYA-AVALO-KITESVARA-YA

BODHI-SATTVA MAHA-SATTVA MAHA-KARUNI-KAYA

TADYATHA OM TARE TUTTARE TURE

SARVA-DUSTAN PRA-DUSTAN MAMA KRTE

DZAM-BHAYA STAM-BHAYA MO-HAYA BAN-DHAYA

HUM HUM HUM PHAT PHAT PHAT SWAHA

MAMA ARYA VALO KABHAYA NARA

BODHI-SATTVA MAHA-SATTVANI

ADHI-STHANA ADHI-STHITE

MAMA SARVA-KARMA-AVARA NASVA BAVA

SUDDHE VIS-UDDHE SHO-DHYAYA VISHO-DHAYA

HUM PHAT SOHA